

TITLE PAGE WITH DEFINITIONS

The title page (3rd page with writing) of the textbook is where the authors define Alcoholics Anonymous as:

“The story of how many thousands of men and woman have recovered from alcoholism”

The- A, one, unique

Story- Factual accounts

How- An action word meaning- the actions taken

Recovered- To be returned to a normal state of health after an illness (not cured)

Alcoholism- Described by the authors as “a seemingly hopeless state of mind and body”

In summary- Alcoholics Anonymous is one, unique factual account of the actions taken by lots of people and as a result of taken those actions, every one of them claim to have been returned to a normal state of health after suffering from a seemingly hopeless state of mind and body.

OTHER DEFINITIONS

Recovered- To be returned to a normal state after an illness

Sober- Not drunk

(Sober is to not drink and what detox/rehab is for, to recover is to learn how to live and that is what Alcoholics Anonymous is for) (An alcoholic that is sober and not recovered still has an alcoholic mind)

Abandon- To give (oneself) over unrestrainedly

Agnostic- Without knowledge

Discover- Something learned for the first time

Illness-A condition that prevents normal functioning of the mind and/or body

Intensive- Highly concentrated

Obstinacy- Stubbornly adhering to an opinion, purpose or course in spite of reason, arguments or persuasion. Resistance to change.

Other- Not the same, distinctively different (see 2nd page with writing in the textbook under the heading other books)

Obsession- A persistent, disturbing preoccupation with an often unreasonable idea

Preface- Sets forth the “purpose and scope” (of the textbook)

Prejudice- An adverse opinion or leaning formed without just grounds or before having sufficient knowledge. A preconceived judgement or opinion

Program- A series of actions designed to achieve a specific result (Synonym for Process)

Sensitiveness- Easily hurt or damaged; easily hurt emotionally

Textbook- A book used to study, learn and taken action from what is learned

Vital- Necessary for life

Synonyms

Spiritual experience= spiritual awakening= entire physic change (once this happens you will have recovered)

Interpretive commentary = Subjective opinion (see 2nd page with writing in the textbook describing the 12 and 12 under the heading other books)