

Tried AA/Treatment before but relapsed? More than once?

Why do you think it didn't work?

3 REASONS FOR FAILURE

- 1- **Cannot- mentally unable to be honest (pg-58)**
- 2- **Will Not- (un-willing) to Admit-Do think they are hopeless (pg30)
OR (un-willing) to accept O,S,U,P about God (p48)**

- 3- **Wasn't properly presented with info of the Problem & Solution**

Properly presented THE material-, (pgxxviii par 2) depth & weight

Properly presented by a "qualified" mentor, (pg 18) ex-problem drinker

3 Pertinent Ideas- A, B & C pg 60

Step 1 is to concede alcoholic

Pg60- Description of Alcoholic-

First 4 chapters, 33% of 1st portion,

"Description" details powerlessness-me(A), & Hopelessness (B)- beyond human aid-
This is what we are conceding

Step 2 is to believe or willing to believe God can/will restore our sanity- problem centers in mind, not body "insanity of first drink", (C) Relieve our alcoholism

Summary = Presented properly you can evaluate yourself to 1-admit the problem, 2- accept the solution by seeing it having worked in another alcoholic

- 1- Admit, 2- Accept = Based on knowledge

Roland (pg26) told hopeless & admitted, then sought solution

Dr Bob- (pxvi) Needed info and saw proof in Bill

This is how AA works, "Basis, 1,2,3" (pgxxv) Roland to Ebby, Ebby to Bill, Bill to Dr. Bob

Case 1- (pxxx, 1st par)

Case 2- (2nd par)

Bill- Pg XVI- Learned from Doc grave nature, couldn't ACCEPT all but must have been the right ones!

Bill is a great example of struggling with both admitting hopelessness (even after being presented info from the doc) & Acceptance of the solution (pg7 1st par thru top of pg 13)

Less than 6mo who has no mentor, has not or is not doing the work, then honestly ask yourself why?

Don't think im a REAL alcoholic? Maybe can still "control and enjoy it someday?"

Have a problem with the God idea? This is all AA has to offer as a solution

Have you honestly exhausted yourself of all possible solutions to prove yourself hopeless?