

Step Seven Summary Guide

“Humbly asked Him to remove our shortcomings”

The directions for step seven are on page 76:

“When ready, we say something like this: My creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

Step seven like step three is simply a prayer “asking” Him to remove all the selfishness which is blocking us from Him.

We are asking Him to remove them because the defects of character (shortcomings) we have learned are all manifestations of self, our root problem, and we have learned that we do not have the power to remove any manifestations of self on our own.